



CODE OF CONDUCT



For participants

We are fully committed to safeguarding and promoting the well-being of all our members. Sudbury Gymnastics Club believes it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and share any concerns with Linda Tait our nominated welfare officer.

As a member of Sudbury Gymnastics Club, you are expected to abide by the following club rules:

- ✓ All members must participate within the rules and respect coaches, judges and their decisions
- ✓ All members must respect opponents and fellow club members
- ✓ Members should keep to agreed timings for training and competitions or inform their coach if they are going to be late.
- ✓ Members must wear suitable and presentable attire for training and events as agreed with the head coach. **All jewellery must be removed before entering the training area** and long hair must be neatly tied up.
- ✓ Girls can wear a gymnastics (as opposed to ballet) leotard and girls over the age of 10 may wear gymnastics specific fitted shorts with discretion.
- ✓ Members must pay any fees for training or events promptly.
- ✓ Members must not smoke, consume alcohol or take drugs of any kind whilst representing the club at competitions or other events.
- ✓ Members should treat all equipment with respect. Any damage will need to be paid for in full.
- ✓ Members must inform the head coach of any injuries or illness they may have **before** the warm up begins.
- ✓ Members should not eat or chew gum whilst training.
- ✓ Members must not use bad language.
- ✓ Members should remain with coaches at the end of a session until collected by their parent or guardian.
- ✓ Members should remember that, whilst away at events or wearing club clothing, they are representing the club and so should be loyal and present themselves in a responsible manner.

